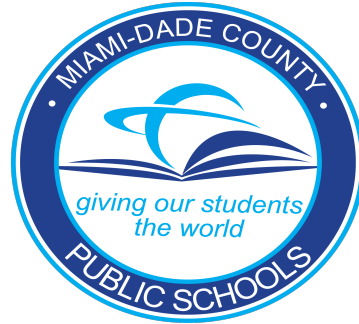


**MENTAL HEALTH
AWARENESS MONTH**



**M-DCPS
DEPARTMENT OF
MENTAL HEALTH SERVICES**

Miami-Dade County Public Schools: An Overview of the Department of Mental Health Services

Department Established July 2018

Senate Bill 7026 and 7030

Mental Health Assistance Allocation

Section 1011.62 (16)- Florida Statutes

Mental Health Assistance Allocation
Plan

Department works in full collaboration with
all District Offices, Regions and School Sites



Department Mission Statement

Miami-Dade County Public Schools' Department of Mental Health Services:

Is dedicated to promoting our student's social-emotional and academic well-being through the provision of the highest quality of school and community comprehensive, evidence-based mental health services.

School Based Supports

- ▶ 73 Mental Health Coordinators provide direct support to students and families year-round
- ▶ Each coordinator supports four-five K-12 schools; **all** schools have an assigned coordinator
- ▶ In addition to direct student/family interventions and services, coordinators conduct trainings for parents and teachers/staff; serve as District Trainers for Youth Mental Health First Aid; and support Tier I prevention programs for students throughout their schools

Additional School-Based Mental Health Support

- ▶ School Counselors
- ▶ School Social Workers
- ▶ School Psychologists
- ▶ TRUST Specialists
- ▶ E/BD Clinicians



Community Partnerships (The Children's Trust/Health Connect)



The following agencies support 70 schools with an assigned Mental Health Professional:

Community Health of South Florida

Nicklaus Children's Hospital

Citrus Health Network

Borinquen Medical Center

Jessie Trice Community Health Center

University of Miami

Community Contracted Mental Health Providers

- ▶ Citrus Health Network, Inc.
- ▶ Ayuda, Inc.
- ▶ Chrysalis Health, Inc.
- ▶ DTT Coaching Services, LLC
- ▶ Empowering Youth, Inc.
- ▶ Board of Trustees (Florida Int'l. University)
- ▶ The Village South
- ▶ Healthy Connections CMHC, Inc.
- ▶ Jewish Community Services of South Florida
- ▶ Prosperity Social and Community Development Group Inc.
- ▶ Neurohealth Professional of Florida, Inc.
- ▶ Invo Healthcare Associates, LLC





Community Contracted Mental Health Providers: Services

- ▶ Mental Health Screenings and Assessments
- ▶ Individual and Group Counseling
- ▶ Family Counseling
- ▶ Substance Abuse Intervention
- ▶ Parent/Teacher Consultation
- ▶ Case Management

Referral Process

- ▶ **School Referrals:** via administrator, teacher, counselor, parent and/or student. Services provided at school and now via phone and/or virtual platforms with parent consent
- ▶ **Contracted Agency Referrals:** Administration and/or Student Services personnel completes request seeks parental consent. Services provided at school, home, agency and in now via telehealth counseling
- ▶ Coordination of services is key in this process via the Mental Health Team.

Mental Health Team Meeting/Plan Following a Referral

PLAN

Mental Health Planning meeting will take place to review outcomes and develop the Mental Health Team Plan

COORDINATE

Coordinate mental health support services amongst school, family and agency and ensure progress monitoring/follow up procedures are in place.

COLLABORATE

Collaboration will allow all parties to be informed to assist with the appropriate treatment and follow up for students.

Mental Health Team Members:

- School site administrator
- Parent
- Teacher

Mental Health Providers:

- School Counselor
- School Social Worker
- School Psychologist
- TRUST Specialist
- Mental Health Coordinator
- Outside agency

Florida's System of Supports for School-Based Mental Health Services

FOUNDATION

- a. Integrated Leadership Teams – expand teams and roles
- b. Effective data systems
- c. Strong Universal implementation
- d. Continuum of supports
- e. Youth-Family-School-Community Collaboration at All Levels – culturally responsive
- f. Evidence-base practices at all levels
- g. Data-based continuous improvement
- h. Staff Mental Health Attitudes, Competencies, and Wellness**
- i. Professional development and implementation support
- j. Policy changes that protect confidentiality but promote mental health collaboration and flexibility

TIER 3

Individualized Intensive

Decision-rules & referral-follow-up procedures
Data and strategy sharing between school and agency staff
Individualized counseling/ intervention, behavior support plans
Intensive progress monitoring
Wrap around & crisis planning
Intensified family partnership and communication

TIER 2

Supplemental/At-Risk

Decision rules for early identification and access
Evidence-based group social, emotional, and behavioral interventions based on need
Monitoring of intervention fidelity and student progress

TIER 1

Universal Prevention

Universal screening and progress monitoring
Needs assessment and resource mapping
Reduced Risk Factors - Create orderly and nurturing classrooms and public space, fair and positive discipline, curtailed bullying
Increased Protective Factors - Social-emotional skills instruction, positive/secure relationships, predictable environment
Restorative and Trauma Informed Practices
Data-based problem solving leadership teams - Including youth serving agency, youth and family
School-wide mental wellness initiatives to increase awareness and reduce stigma
Youth Mental Health First Aid Training, Wellness Fairs, Behavioral Health Campaigns



Professional Development: Mental Health Awareness Trainings

- Kognito - Online Simulation
 - Trauma-Informed Practices for K-12 Educators
 - At-Risk for K-12 Educators
- Youth Mental Health First Aid (FLDOE required training)
- Additional Trainings
 - Multi-Tiered Systems of Support; Progression of Mental Health Supports
 - Trauma-Informed Classrooms

Parent Training and Awareness Presentations

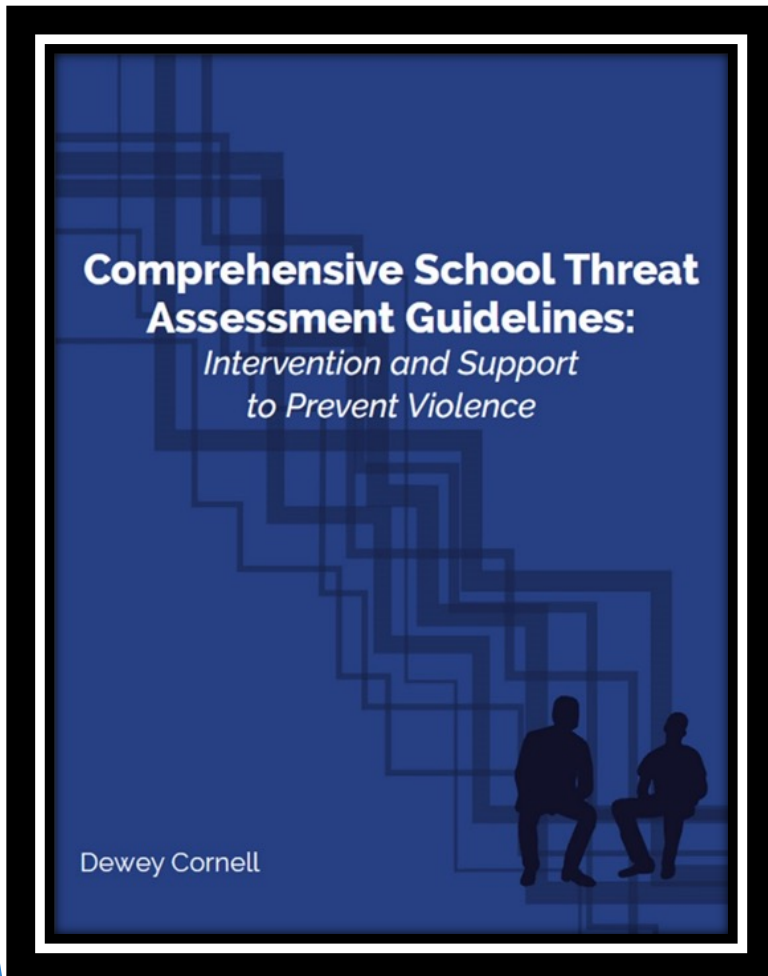
Mental Health Coordinators provide parent trainings on various topics:

- Anger Management
- Attendance
- Bullying
- Coping Skills
- Effective Discipline Strategies
- Mental Health Services
- Peer Pressure
- Suicide and Self Harm
- Self Esteem
- Social Media
- Video Games



Threat Assessment Teams

Section 1001.212 (12)- Florida Statutes



- ▶ All K-12 schools established a Threat Assessment Team (administrator, educator, mental health professional and law enforcement officer) and completed training
- ▶ Inter-related goals of Threat Assessments;
(1) to prevent violence; and
(2) to resolve conflicts or problems that underlie threatening behavior
- ▶ Florida Department of Education selected instrument:

*Comprehensive School Threat Assessment Guidelines:
Intervention and Support to Prevent Violence*
by Dewey G. Cornell Ph.D

Suicide Prevention/Intervention

Senate Bill 1418 and Section 1012.583 Florida Statutes

- ▶ Approved screening/risk assessment instruments selected by the Florida Department of Education.
- ▶ Addresses both suicidal ideation and behavior
- ▶ All school-based mental health professionals trained on these instruments and intervention process
- ▶ Threat Assessment Teams involved in this process. M1 code must be used.

Suicide Prevention/ Intervention

Senate Bill 1418 and Section 1012.583 Florida Statutes

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- ▶ Address both suicidal ideation and behavior
- ▶ All school-based mental health professionals trained on these instruments and intervention process

Mental Health/SEL Programs, Strategies, Initiatives for Students

- ▶ 5 Hour Mental & Emotional Health - FLDOE, grades 6 -12
- ▶ Department of Justice Grant/STOP the Violence Grant: Programs
 - ▶ National Alliance on Mental Illness (Ending the Silence Program)
 - ▶ Teen Mental Health First Aid
- ▶ Great Minds - Great Athletes in partnership with Positive Coaching Alliance and Miami Marlins (school leaders, athletic coaches, student athletes, parents)
- ▶ Mindful Peer Exchange (FIU students working with high school students on awareness)
- ▶ Mental Wellness Clubs (Middle and Senior High Schools)

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Mental Wellness Matters Campaign

Website, Twitter, News Stories/Articles,
Radio Interviews, Flyers/Posters,
Facebook Live Interviews, Podcasts,
Webinars

●



The flyer features a blue and white color scheme with a central image of a large green tree in a field under a blue sky. The text is arranged in a clean, modern layout. At the top left is the Miami-Dade County Public Schools logo. The main headline reads 'If you are feeling sad, lonely, anxious... HELP IS ALL AROUND YOU!'. To the right, it says 'In Miami-Dade County Public Schools MENTAL WELLNESS MATTERS'. Below the tree image, there are three sections: 'School Resources', 'Community Resources', and 'For Additional Assistance', each with an icon and a brief description. At the bottom right is the M-DCPS Department of Mental Health Services logo. At the bottom left, there is a dark blue banner with the text 'FIND US ON SOCIAL MEDIA:' followed by social media handles and a website URL.

 MIAMI-DADE COUNTY
giving our students
the world
PUBLIC SCHOOLS

In Miami-Dade County
Public Schools

If you are feeling
sad, lonely, anxious...

**HELP IS ALL
AROUND YOU!**

**MENTAL
WELLNESS
MATTERS**

 **School Resources:**
Students: Talk to a teacher, school counselor or mental health professional who can guide you to and/or assist with needed support.

 **Community Resources:**
District and school staff work with students, parents/guardians and families to provide outside mental health agency support.

 **For Additional Assistance:**
Parents: Contact your child's school or the department assistance line at (305) 995-7100.
Students: 24-hour crisis support
Call: 1-800-784-2433
Text: HELLO to 741741

 **M-DCPS
DEPARTMENT OF
MENTAL HEALTH SERVICES**

FIND US ON SOCIAL MEDIA:

 @MDCPS_MHS
#MDCPSMentalHealth
mentalhealthservices.dadeschools.net

Parent Assistance

If mental health assistance is needed, parents can call our parent assistance line at 305-995-7100.

Monday-Friday 8:00 am-4:00 pm





M-DCPS
DEPARTMENT OF
MENTAL HEALTH SERVICES

Website: Mental Health Services

<http://mentalhealthservices.dadeschools.net/#!/fullWidth/313>



Questions ?

Department of Mental Health Services

Sally J. Alayon, Assistant Superintendent
Educational Services/School Operations
(305) 995-1020
salayon@dadeschools.net

Robin Morrison, District Director
Department of Mental Health Services
(305) 995-1020
rmorrison@dadeschools.net

Lianie Cuba, Director
Department of Mental Health Services
(305)995-1020
lianiecuba@dadeschools.net

Department Website -
<http://mentalhealthservices.dadeschools.net>
Twitter Handle: @MDCPS_MHS
#MDCPSMentalHealth

