

We provide access to exceptional mental health and substance use disorder care, support for prevention, treatment and recovery. We provide services for uninsured individuals. Based on income, many individuals receive free services.

Mental Health Services (Adults and Children)
Crisis, Outpatient, Residential, Supportive
and Prevention Services.

Substance Use Services (Adults and Children)
Detoxification, Outpatient, Residential
Supportive and Prevention Services.

We fund and oversee a safety net of services for uninsured individuals in Miami-Dade and Monroe counties. We work to enhance mental health care in our counties by ensuring direct access to exceptional treatment providers and services. By evaluating and securing expert providers, we facilitate efficient access to personalized services and programs that bridge gaps in the system, provide a continuum of care and help people thrive.



THRIVING MIND
SOUTH FLORIDA®

A network of exceptional mental health
and substance use treatment providers.

If you or a loved one are seeking resources for dealing with mental health or substance use please visit:

ThrivingMind.org

Find helpful information and access to exceptional mental health and substance use providers.
A comprehensive resource for people in need, loved ones, caregivers/advocates and health care professionals.

Contact us

Phone: (305) 858-3335

Consumer Hotline: 1 (888) 248-3111

E-mail: information@thrivingmind.org

In the event of
a mental health emergency
dial 211

SAMHSA

Substance Abuse and Mental Health
Services Administration



MYFLFAMILIES.COM

Thriving Mind South Florida is a managing entity contracted with the Department of Children and Families.

Thriving Mind receives additional support from other Federal, State, County and private sources.