WHAT'S THE BUZZ?

The Latest Drug Trends





ABOUTUS

Established in 2011, South Dade One Voice Community Coalition (SDOVCC) is a community organization that follows the public health model and holds the health and welfare of children and families in high regard. SDOVCC works in the community of West Perrine to Naranja and surrounding areas and our target population is youth in all grade levels. SDOVCC participates and hosts local health fairs, community events, and activities at churches, schools, and parks. The coalition's focus is to educate and help families understand more about the dangers of underage substance use.

Vision

Uniting to protect the health, safety and education of our south Miami-Dade children.

Mission

Our goal is to combat the use and abuse of alcohol, marijuana, opioids and other prescription and non-prescription medication by youth.







"We can't help everyone, but... Everyone can help someone." - Dr. Loretta Scott





DRINKING IS MORE HARMFUL IN TEENS THAN ADULTS

A person's brain is not fully developed until the age of 25.

Introducing substances into the brain before it has fully developed may affect its development.

Underage drinking can lead to:

Violence, unintentional death or injury, losing friends, depression, imprisonment, revocation and suspended license.

Tips for parents

- 1. Know your kids friendships & activities
- 2. Share your opinions about alcohol
- 3. Put together an action plan to say NO when pressured to drink alcohol.
- 4. Check in frequently

THISORTHAT

Popular brands you already recognize—like Monster Energy, Simply Juice, and Arizona Iced Tea—now sell alcoholic beverages under their name.

These drinks often look just like their non-alcoholic versions, which makes it easy for teens or even adults to mistake them for regular drinks. Bright colors, familiar logos, and fruity flavors can hide the fact that they contain alcohol.









What looks like a juice or energy drink might actually be alcohol in disguise. Stay alert, stay safe.



Narijuana Today Is Stronger Than Ever

Today's marijuana contains 2 to 3 times more THC (the chemical that causes the high) than it did in the past. Some concentrates, like wax or dabs, can contain up to 90% THC, making it far more potent and risky.

lmpact on School, Sports & Life Goals

Regular marijuana use is linked to:

- Lower grades and poor school performance
- Higher dropout rates
- Reduced athletic performance due to slowed reaction times and lack of motivation
- Loss of interest in hobbies, sports, and future goals

How they work

Press Button or Inhale (Depending on the device)

→ This activates the battery.

Battery Sends Power to the Coil

→ The coil heats up quickly.

Wick Draws E-Liquid to the Coil

→ The liquid touching the hot coil turns into vapor (an aerosol, not water vapor).

User Inhales the Vapor

→ The aerosol contains THC, flavorings, and other chemicals.



- Many teens believe vaping is safer, but it can deliver higher concentrations of THC, leading to stronger effects and a greater risk of addiction and mental health problems.
- Some vape cartridges have been linked to severe lung injuries (EVALI) due to additives.

PRESCRIPTION MEDICATION



Medication is prescribed to you based on your age, height, weight and any medical conditions.

It can be extremely dangerous if you share it, because every prescription affects each person differently.



Prescription drugs are often obtained from relatives or friends. It's important to have talks about the dangers of sharing drugs.

Prescription drugs can be highly addictive. Talk to your primary care physician about the course of your treatment.

"Fentanyl is the single deadliest drug threat our nation has ever encountered,"

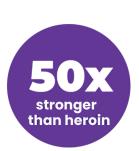
- DEA Administrator Anne Milgram



Everyday Risks:

- 2mg of fentanyl can be lethal.
- That small amount fits on the tip of a pencil.
- Illegally made fentanyl is being laced with other substances to make them cheaper and more addictive.
- Fentanyl is linked to an extremely large amount of accidental overdose deaths in the U.S.

Fentanyl is a synthetic opioid that is up to:





- recoveryteam.org

The **DEA** laboratory has found that, of the fentanyllaced fake prescription pills analyzed in 2022, **six** out of **ten** now contain a potentially lethal dose of fentanyl.





















Code Words & Cover-Ups

A Guide to Substance Slang

Marijuana

Weed, Pot, Ganja, Herb, Bud, Dope, Chronic, Grass, Green, Kush, Hash, Skunk, Kif, and Mary Jane

Alcohol

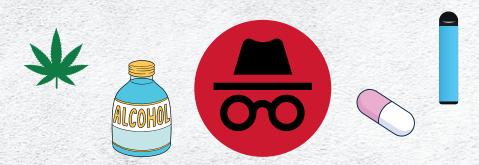
Booze, Hooch, Sauce, Firewater, Giggle Juice, Joy Juice, Nectar of the Gods, Kool Aid, Brewski, and Hunch Punch

Vapes

Penjamin, Cart, Stick, Cloud Machine, Puffer, Atty, Nic Stick, Tailpipe

Opioids

Black Tar, Black Pearl, Brown Sugar, China White, Dope, Dragon, Smack, Snow, Tar, Vike, Lean, Purple Drank, Boxes, Stop Signs, Lean, Purple Drank, TNT, Demmies, Miss Emma, and Octagons



DRUG **ENFORCEMENT ADMINISTRATION**

EMOJI DRUG CODE | DECODED

COMMON EMOJI CODES



PERCOCET & OXYCODONE



XANAX

ADDERALL

















DEALER ADVERTISING



UNIVERSAL FOR DRUGS





LARGE BATCH





HEROIN

MDMA & MOLLIES















MUSHROOMS









#ONEPILLCANKILL

Disclaimer: These emojis reflect common examples found in DEA investigations. This list is not all-inclusive, and the images above are a representative sample.



SIGNS OF OPIOID OVERDOSE



Extremely pale face and/or clammy to the touch.



Pinpoint pupils and body goes limp. 

Purple or blue fingernails and/or lips.



Vomiting or making gurgling noises.



Cannot be awakened or are unable to speak.



Slow or no breathing and/or heartbeat.

If you suspect that someone is having an opioid overdose, you should give a dose of naloxone while you call 911.

Naloxone (or Narcan)

Naloxone is an opioid antagonist. It rapidly reverses the effects of an opioid overdose.

🚨 How to Use Narcan Nasal Spray

Check for Overdose Signs:

- Not breathing or very slow breathing
- Won't wake up or respond
- Blue or pale skin, lips, or nails
 Call 911

Give Narcan:

- Tilt head back
- Put the nozzle in one nostril
- Push the plunger all the way to spray Wait 2-3 Minutes:
- If no response, give another dose in the other nostril Keep Them Safe:
- If breathing, roll them on their side (recovery position)
- Stay until help arrives

Remember:

- Narcan won't hurt someone if it's not an overdose
- Effects last 30-90 minutes they still need medical help

To request free Naloxone in south Miami-Dade feel free to email us:

info@ovccsd.org

Or find free Naloxone in Miami-Dade at the following link: www.isavefl.com/find-naloxone.shtml



SUBSTANCE USE ALTERNATIVES

****Creative Outlets**

- Drawing, painting, or digital art
- Writing poetry, short stories, or journaling
- Music (playing an instrument, singing, producing beats)
- Dance or choreography
- Photography or video creation

Physical Activities

- Sports (basketball, soccer, volleyball, etc.)
- Skateboarding or biking
- Yoga or stretching
- Gym workouts or fitness challenges
- Hiking, swimming, or nature walks

Skill-Building & Hobbies

- Cooking or baking new recipes
- Learning a new language or skill (coding, makeup, etc.)
- · Gardening or plant care
- DIY or crafting projects
- Volunteering with friends (e.g., food bank, animal shelter)
- Attending youth groups or after-school clubs

Mental & Emotional Wellness

- Meditation or deep breathing exercises
- Talking to a counselor, mentor, or trusted adult
- Reading self-help or motivational books
- · Gratitude journaling or vision boarding

Prescription disposal

We present 2 safe ways to dispose of prescription and over-the-counter (OTC) medication.

Deterra pouches are a safe and environmentally friendly way to dispose of unused, expired or unwanted medication from the comfort of <u>your home</u>.

- Place medication inside the resealable bag.
- Add warm water.
- Seal bag and shake.
- Dispose of bag in regular trash can.



Rx drug drop boxes are another convenient way of disposing of prescription or OTC medication.

- Some hospitals, clinics or pharmacies have their own Rx drug drop boxes.
- SDOVCC has installed a few Rx drug drop boxes at pharmacies in south Miami-Dade as well.

Scan the QR code to find our nearest **Rx** drug drop box or to obtain **Deterra** pouches.







South Dade One Voice Youth Coalition

Building awareness of substance use prevention!

POSITIVE OUTLET!

- Make new friends
- Leadership roles
- · Community events
- Make your voice heard
- Create a social media presence
- Earn community service hours





COME JOIN US!

For more information contact
us at :
youth@oveesd.org
info@oveesd.org

Emergency Hotlines

SAMHSA's National Helpline

Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

Telephone: 1-800-662-HELP (4357)

988 Suicide and Crisis Lifeline

Available 24 hours in English and Spanish.

Telephone: 988

Thriving Mind South Florida

M-F, 8AM-4:30PM - For assistance or questions related to mental health, substance use and other community services.

Telephone: 1 (888) 248-3111

*Please dial 211 for assistance when the hotline is unavailable.

Mobile Response Teams in South Florida

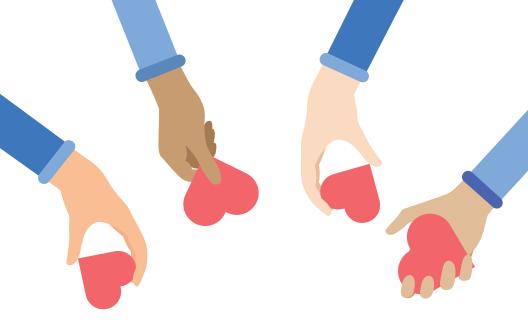
24hrs/7 day mobile crisis intervention and assessment for children and adults in Miami-Dade County.

Telephone: (305) 774-3616

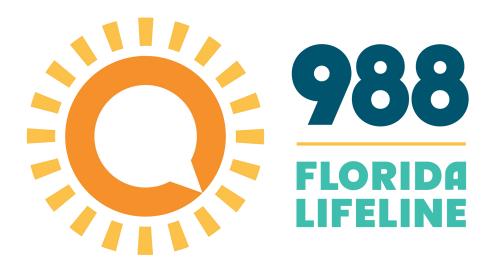
Services

Scan the QR code to access our "Connections" Resource Guide





YOU'RE NEVER EVER ALONE, ESPECIALLY DURING YOUR MOST TRYING TIMES.





Notes



Notes



Follow Us

- asouthdadeonevoice
- asdovcc

Share your story with us!

Sponsored by The Elijah Network Family and Community Alliance, Inc., Thriving Mind South Florida and the State of Florida, Department of Children and Families





GET IN TOUCH

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