

FRESH START OF MIAMI-DADE, INC NEWSLETTER

Volume 1 / Issue 1

SUCCESS STORY



To view story please click on Link and then click on open hyperlink to video

Story of Hope

<https://www.youtube.com/watch?v=26fKMaVYFdA>



To view story please visit the link below
Certified!!!

<https://www.youtube.com/shorts/iPAgDFoHVws>

Fresh Start of Miami-Dade, Inc. is a peer-run nonprofit organization based in Miami Gardens, Florida, dedicated to supporting individuals with mental health, emotional, behavioral, and co-occurring challenges. Our mission centers on promoting recovery through empowerment, education, peer support, advocacy, and self-help.

What we Offer

- **Drop-In Center Program:** A safe, nurturing space for adults to engage in recovery-oriented activities, build self-sufficiency, and connect with peers.
- **Peer Support Services:** Including transitional support for individuals leaving state hospitals, helping them reintegrate into the community.
- **Education & Certification:** Training programs that prepare peers for certification and employment opportunities.
- **Advocacy & Awareness:** Through initiatives like the Alliance for Change & Empowerment (ACE), they work to reduce stigma and promote systemic transformation in behavioral health.
 - **Creative Recovery:** They incorporate arts-based approaches to healing and empowerment.



Advocating on Behavioral Health Day on October 15, 2025 In Tallahassee, FL

Location: 18441 NW 2nd Avenue, Suite 106-108
Miami Gardens, FL 33169

Hours of Operation

8:00 AM – 4:00 PM Monday thru Friday

10:00 AM – 2:00 PM Sat/ Sun /Holiday

Sandra McQueen. CEO

Sponsored by Fresh Start of Miami-Dade, Inc., Thriving Mind South Florida and the State of Florida, Department of Children and Families.