Housing Resources

Homeless Trust

Provides Access to Shelter Beds County-Wide 1-877-994-4357

Salvation Army Walk-In For Beds First-Come First-Served 1907 NW 38th St Miami, 33142 305-456-5850

Hermanos de la Calle Outreach/Info 786-565-7827



Crisis/Referral Resources

24/7 Help Mobile Response Teams 800-HELP-YOU (Miami-Dade) 305-434-7660 Opt. #8, (Monroe)

988 Florida Lifeline Mental Health

911 Medical emergency or crime Thriving Mind Help Line M-F 8:30 a.m. = 5 n.m.

M-F, 8:30 a.m. – 5 p.m. 888-248-3111

NAMI Miami-Dade M-F, 9 a.m. – 5 p.m.

M-F, 9 a.m. – 5 p.n 305-665-2540

Hope Florida 833-GET-HOPE

211 Social Services

Meals, Showers, Laundry







The Missionaries of Charity of Mother Teresa 724 NW 17th St., Miami, 33136 305-545-5699

Meals: Every day, except Thursday from 10 a.m. to 11 a.m.

Camillus House Day Center

1603 NW 7th Ave., Miami, 33136 305-374-1065

Meals: Monday - Friday at 8:30 a.m. Meals: Tuesday and Thursday at 12:30 p.m. Showers: Monday - Friday beginning at 6:30 a.m.

Miami Rescue Mission

2250 NW 1st Ave., Miami, 33127 305-571-2250

Meals: Monday - Friday from 4 p.m. to 6 p.m. Showers: Monday, Wednesday and Friday from 2 p.m. to 5 p.m.

*Note: Meals dates and times are subject to change.

Drop In Centers

Douglas Gardens 13390 W. Dixie Hwy. North Miami, 33161 305-403-0654

Hours: Monday- Friday 9:30am -2:30 pm

Douglas Gardens

1680 Meridian, Suite 501, Miami Beach, 33139 305-531-5341 Hours: Wednesday - Friday 12:00pm-4:30pm

Fresh Start

18441 N.W. 2nd Ave., Suite 106 Miami Gardens, 33169 305-623-9937 Hours: M-F 8-4 and weekends 10-2

New Hope

156 NE 8th St., Homestead, 33030 786-243-1003 Ext. 300 Hours: M-F 9-3

Living Room at New Horizons
Up to 23 hours.
1469 N.W. 36th St., Miami, 33142
305-539-0325

Other Resources

The Miami-Dade Public Library System offers free social services assistance and information at the following library locations:

Social Services at the Library Main Library - Mondays, Tuesdays, Wednesdays & Fridays

Arcola Lakes Branch - Mondays

Hispanic Branch - Wednesdays

Miami Beach Regional - Fridays

North Shore Branch - Tuesdays

Questions? 786-988-6816 socialservicesmail@mdpls.org



Need Help?

Thriving Mind South Florida funds services for mental health and substance use disorders in Miami-Dade and Monroe Counties for people who are uninsured or underinsured. Our website lists resources and contracted providers throughout our region.



thrivingmind.org