



WELLNESS RECOVERY ACTION PLAN  
*Your Wellness Your Way*

# WRAP TRAINING

## WELLNESS RECOVERY ACTION PLAN

DISCOVER PRACTICAL TOOLS. BUILD YOUR PLAN.  
*Take charge of your wellness.*



**DATES:**  
**JUNE 17<sup>TH</sup> & 19<sup>TH</sup>,**  
**2026** 9 AM - 5 PM



**LOCATION:**  
9360 Sunset Drive  
Suite #265  
Miami, FL 33173



**TRAINING INCLUDES:**  
Creating your personal wellness plan, identifying tools, and building support for your recovery journey.

### IN THIS TRAINING, YOU'LL LEARN:



Personalize a plan that works for you



Identify triggers and early warning signs



Explore tools and strategies for wellness



Build support and take steps toward lasting recovery

FACILITATED BY

*Naomi & Mike* 



HOPE



PERSONAL RESPONSIBILITY



EDUCATION



SELF-ADVOCACY



SUPPORT

# To Register Visit the Link:

<https://forms.gle/fW841b9QmVrVmx3j9>