



Presented by



WRAP TRAINING

WELLNESS RECOVERY ACTION PLAN

DISCOVER PRACTICAL TOOLS. BUILD YOUR PLAN.
TAKE CHARGE OF YOUR WELLNESS.



DATES

WEDNESDAY, OCTOBER 28TH &
FRIDAY, OCTOBER 30TH, 2026
9:00 AM – 5:00 PM



LOCATION

9360 Sunset Drive
Suite #265
Miami, FL 33173



TRAINING INCLUDES

Creating your personal wellness plan, identifying tools, and building support for your recovery journey.

IN THIS TRAINING, YOU'LL LEARN TO:



Personalize a plan that works for you



Identify triggers and early warning signs



Explore tools and strategies for wellness



Build support and take steps toward lasting recovery

FACILITATED BY
NAOMI & MIKE



TO REGISTER, CLICK THE LINK BELOW:

<https://forms.gle/VwS22ndPSR3N25PG8>